

ASSISTED HYGIENE AND WELLNESS SOLUTIONS

# **Person-centred bathing**



# Bathing for the body and mind

At home, bathing is the core of good hygiene care and promotes well-being while relaxing body and mind.<sup>1</sup> Once in care, this should not change. Person-centred bathing can both reduce risk, and improve well-being for patients and caregivers. Optimising the bathing routine through single-caregiver solutions and simplifying transfers, Arjo's bathing products reduce risk of patient and caregiver injury while promoting a dignified care environment.

### +50%

of caregiver time can be spent in healthy postures using heightadjustable bathtubs<sup>2</sup>

## **Risks during hygiene routines**

#### Residents

- Slipping or falling in the bathroom and bathtub
- Scalding
- Lack of access to suitable bathing facilities
- Cross-contamination
- Feeling cold and exposed during and after shower/bath
- Dignity concerns
- Emotional triggers and irregularities for residents living with dementia and other cognitive impairments

#### Caregivers

- Static overload and physical strain<sup>2</sup>
- Back and shoulder pain<sup>3</sup>
- Inadequate space for the hygiene process (e.g. dressing, undressing, washing, drying, etc.) forcing the caregvier to adopt awkward positions
- Not enough time and a perception that washing in bed is quicker and easier
- Lack of clear hygiene processes and protocols

#### Facilities

- Inefficiency
- Lack of equipment and resources
- Compliance failure
- Poor user ratings

# Choosing the right equipment for person-centred bathing

Bathing should be centred around the body and the mind. This means providing an environment that achieves a balance between cleanliness and wellness, especially for people living with dementia and other cognitive impairments.

#### Person-centred bathing should consider:

- Personal preferences
- Mobility levels
- Cognitive and emotional state
- The physical environment
- Number of caregivers and transfers



# **Bathing options for quality**







## System 2000®

With a range of different tub shapes and lengths, System 2000 is the premier solution to offer flexibility to choose the right bath for your patient or resident.

#### Usability for a single caregiver

Enables a streamlined hygiene routines which can be performed by a single caregiver.

#### **Reducing the number of transfers**

Integration with lifting aids for single transfers from bed and or wheelchair directly into bath. Reduce the risk of strain or injury on the caregiver and the resident.

#### **Bathing for well-being**

Choose from a range of features designed to help make bathing an enjoyable and relaxing experience.

#### Integrated disinfection

Optional integrated disinfection system to clean and disinfect the bath and transfer devices.

### **Parker**<sup>®</sup>

Parker is height-adjustable and goes from sitting to reclining, allowing the carer and resident to choose their preferred position to enhance the bathing experience.

#### Independent and assisted transfers

Height-adjustable Parker can be positioned in sitting and reclining positions. Its swing-up side door is designed to facilitate smooth access for patients and residents with mobility levels A through C without the need for additional bath lifts.

#### Multiple levels of anti-scalding protection

Including clear temperature displays, temperature and pressure regulated mixing valves, and automatic hot water shut off when exceeding safe temperatures.

#### Bathing for well-being

Choose between still immersion bathing, AirSpa™ and sound and vision features to enhance relaxation and make the most of wellness benefits from bathing.

#### **Expand its functionality**

When paired with a passive ceiling lift, Parker functionally incorporates residents with lower levels of mobility.

## Our assisted Hygiene and Wellness solutions



Liquids, Panels & Accessories



Person-centred bathing: Support body and mind through dignified, efficient, and safe hygiene experiences.

1. The Arjo Guide for Architects and Planners (2019), via the Arjo website, www.arjo.com.

- 2. Schimmel G, Knibbe NE (2008) The Smart Shower Chair. Final Report of the Better Care Smart Shower Chairs Project.
- 3. Knibbe NE, Knibbe JJ (1996). Postural Load of nurses during bathing and showering of patients: Results of a laboratory Study. American Society of Safety Engineers. November. 37-39.

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At Arjo, we believe that empowering movement within healthcare environments is essential to quality care. Our products and solutions are designed to promote a safe and dignified experience through patient handling, medical beds, personal hygiene, disinfection, diagnostics, and the prevention of pressure injuries and venous thromboembolism. With over 6000 people worldwide and 60 years caring for patients and healthcare professionals, we are committed to driving healthier outcomes for people facing mobility challenges.

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